Waring Senior Center Tell Us What You Want!

Please indicate the types of programs you would like to see offered at Waring Senior Center. Your responses to the survey will assist in planning programs and activities for the center. Thank you.
Please mail survey to: Lowcountry Senior Center: 865 Riverland Drive, Charleston SC 29412.

Lifelong Learning

Computer/ Technology:
- Internet
- Email
- Dating Websites
- iPhone/iPad
- Tablet
- Android
- Digital Photography
- Other ____________________

Foreign Language:
- French
- Spanish
- Italian
- German
- Other ____________________

Educational:
- Art History
- Astronomy
- Classics
- Economics-US and International
- Estate Planning
- Financial Planning / Investing
- Foreign Affairs / US Politics
- Gardening
- Geology
- History / Historical Preservation
- International Studies
- Lifestyle
- Local Interest
- Long-Term Care Planning
- Marine Biology
- Meteorology
- Music History / Appreciation
- Personal Finance
- Philosophy
- Psychology
- Religious Studies
- Safety
- Science / Technology
- Other: ____________________

Exercise, Dance & Health

Exercise Classes:
- Aerobics
- Arthritis Exercise
- Boot Camp
- Balance / Fall Prevention
- Cardio
- Cycling
- Dance
- Strength & Toning
- Martial Arts
- Yoga
- Other: ____________________
- Early Morning: 7:30-9:30 am
- Morning: 9:30-11:30 am
- Early Afternoon: 12-2 pm
- Afternoon 2-5 pm
- After 5 pm

Dance Classes:
- Ballroom
- Clogging
- Line Dancing
- Shag
- Parkinson’s Dance Class
- Tap Dancing
- Salsa
- Social Dancing
- Movement
- Other: ____________________

Health:
- Acupuncture
- Alternative Medicine
- Alzheimer’s/Dementia
- Cancer
- Cardiovascular Health
- Chronic Disease Self-Management
- Depression / Grief Management
- Healthy Aging
- Hearing Health
- Memory
- Men’s Health
- Nutrition
- Orthopedics
- Pain Management
- Stress Management
- Support Groups
- Type of support group: ____________________
- Weight Management
- Women’s Health
- Other: ____________________

TURN OVER
Arts

- Acting
- Ceramics
- Crafts: ____________________
- Floral Design
- Music Lessons: ____________
- Quilting
- Painting: _________________
- Other: ____________________

Social Events, Clubs & Recreation

- Biking Club
- Basketball Club
- Bocce Ball
- Cookouts
- Dances
- Disc Golf
- Field Day
- Garden Club
- Intergenerational Events
- Live Music Concerts
- Pickleball Lessons
- Softball
- Theme Parties
- Ukulele
- Veteran’s Club
- Other: ____________________

Social Services

- Family Caregiver Support
- Information and Referral
- Long-Term Care Planning
- Legal Assistance
- Medicare Counseling
- Social Security Assistance

- Other: ____________________

General Comments

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