

Waring Senior Center Tell Us What You Want!

Please indicate the types of programs you would like to see offered at Waring Senior Center. Your responses to the survey will assist in planning programs and activities for the center. Thank you. Please mail survey to: **Lowcountry Senior Center: 865 Riverland Drive, Charleston SC 29412.**

Lifelong Learning

Computer/ Technology:

- Internet Email Dating Websites
- iPhone/iPad Tablet Android
- Digital Photography Other _____

Foreign Language:

- French Spanish Italian German
- Other _____

Educational:

- Art History
- Astronomy
- Classics
- Economics-US and International
- Estate Planning
- Financial Planning / Investing
- Foreign Affairs / US Politics

- Gardening
- Geology
- History / Historical Preservation
- International Studies
- Lifestyle
- Local Interest
- Long-Term Care Planning
- Marine Biology
- Meteorology
- Music History / Appreciation
- Personal Finance
- Philosophy
- Psychology
- Religious Studies
- Safety
- Science / Technology
- Other: _____

Exercise, Dance & Health

Exercise Classes:

- Aerobics Arthritis Exercise Boot Camp
- Balance / Fall Prevention Cardio Cycling
- Dance Strength & Toning Martial Arts
- Yoga Other: _____
- Early Morning: 7:30-9:30 am
- Morning: 9:30-11:30 am
- Early Afternoon: 12-2 pm
- Afternoon 2-5 pm
- After 5 pm

Dance Classes:

- Ballroom
- Clogging
- Line Dancing
- Shag
- Parkinson's Dance Class
- Tap Dancing
- Salsa
- Social Dancing
- Movement
- Other: _____

Health:

- Acupuncture
- Alternative Medicine
- Alzheimer's/Dementia
- Cancer
- Cardiovascular Health
- Chronic Disease Self-Management
- Depression / Grief Management
- Healthy Aging
- Hearing Health
- Memory
- Men's Health
- Nutrition
- Orthopedics
- Pain Management
- Stress Management
- Support Groups
- Type of support group: _____
- Weight Management
- Women's Health
- Other: _____

TURN OVER

Arts

-
- Acting
 - Ceramics
 - Crafts: _____
 - Floral Design
 - Music Lessons: _____
 - Painting: _____
 - Quilting
 - Other: _____

Social Events, Clubs & Recreation

-
- Biking Club
 - Basketball Club
 - Bocce Ball
 - Cookouts
 - Dances
 - Disc Golf
 - Field Day
 - Garden Club
 - Intergenerational Events
 - Live Music Concerts
 - Pickleball Lessons
 - Softball
 - Theme Parties
 - Ukulele
 - Veteran's Club
 - Other: _____

Social Services

-
- Family Caregiver Support
 - Information and Referral
 - Long-Term Care Planning
 - Legal Assistance
 - Medicare Counseling
 - Social Security Assistance
 - Other: _____

General Comments

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